Our Local Lunch

Abe (Palmnut soup with a choice of smoked fish, meat or chicken)

Starters

Nkatse (Groundnut soup with a choice of meat, fish or chicken)

Aponkye Nkrakra (Goat meat cooked in delicious spicy tomato light soup)

Tilapia (Hot & spicy tomato light soup with Fresh Tilapia fish)

Chicken Light Soup (Succulent Chicken in tomato light soup)

Okro Stew (Okro stew w ith a choice of goat meat, chicken, kotodwe, wele, smoked tuna or salmon fish)

Palava Sauce

Garden Egg Stew

Red Red

Salads

Potato Salad

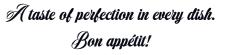
Pasta Salad

Mixed Green Salad (lettuce, tomatoes, cucumber, green peppers, carrots & croutons)

Rainbow slaw (red and white cabbage, carrots & spring onions)

Chicken Salad

Tuna Salad





GET IN TOUCH

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Special FOOD MENU

Starters

Hot & Spicy Chicken wings Hot & Spicy Turkey wings

Samosas

Spring rolls

Rainbow Salad

Pasta Salad

Mixed Green Salad (lettuce, tomatoes, cucumber, green peppers, carrots & croutons)

Rainbow slaw (red and white cabbage, carrots & spring onions)

Sides

Plain Rice

Boiled Yam

Boiled Plantain (Ripe or Unripe)

Fufu

Emotuo (Rice balls)

Banku (per ball)

Yam chips

Sweet Potato Wedges

French Fries (Potato chips)

Rice Dishes

Special Jollof (*Medium/Large*) Jollof with Chicken (*Medium/Large*) Vegetable Fried Rice (*Medium/Large*) Special Fried Rice (*Medium/Large*) Coconut Rice (*Medium/Large*) Plain Rice (*Medium/Large*)

Waakye with Beef or Fish Stew (Blackeye Beans cooked with rice & served with stew) (Medium/Large)

Paster & Noodles

Spaghetti & Stirfry vegetables (Ghana style) - (Medium/Large) Assorted meat stirfry noodles (Indomie) - (Medium/Large) Chicken Chowmein noodles - (Medium/Large) Chicken Vermicelli Singapore style noodles - (Medium/Large)

	Extras		
Snails			
Dry Fish			
Chicken			
Aponkyi			
kotodwe			
Boiled Eggs wi	th pepper		
Fried Eggs			

Suya (Khebab)

Beef Kebab (per skewer) (Char-grilled beef fillet seasoned with delicious local spices on a skewer)

Chicken kebab (Char-grilled chicken seasoned with delicious local spices on a skewer)

Goat kebab (Char-grilled mutton seasoned with delicious local spices on a skewer)

Gizzard kebab (Char-grilled gizzards seasoned with delicious local spices on a skewer)

Sausage kebab (Char-grilled sausage seasoned with delicious local spices on a skewer)

Grills

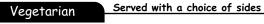
Succulent Grilled Chicken (grilled marinated chicken pieces on the bone tossed in spicy CS sauce



Chicken wings (hot & spicy/ BBQ) Chicken Korma (Diced succulent Chicken breast in Korma) Shredded Chicken sauce

Beef Stew (Beef cubes in delicious tomato sauce)

Snails (peppered snails)



Crunchy Saute vegetables

Steamed Vegetables

Vegetable Stew (Cabbage, carrots & green bean in delicious tomato sauce)

Desserts

Tropical Fruit Salad

Cheese cakelce-cream

Sweet pancakes with a drizzle of maple syrup

Waffles

Apple crumble & custard

Light bites/Appitizers

Samosas

Spring rolls

Grilled Chicken wings (hot & spicy)

Grilled Turkey Wings (hot & spicy)

Yam Balls (deep fried mashed yam - vegetables coated in breadcrumbs)

Kelewele (deep fried diced ripe plantain tossed in ginger & local spices)



SANDWICH MENU

Grilled Cheese sandwich

Sausage sandwich

Toasted Cheese Sandwich

Chicken Salad sandwich

Egg & Mayonnaise sandwich (with a slice of Tomato/cucumber)

Cromer Club Sandwich (chicken/bacon/lettuce/tomatoes & dressing)

Tuna & Mayonnaise sandwich - with a slice of tomato/cucumber

BLT sandwich - (Bacon,cheddar cheese, Lettuce & Tomatoes)

Classic Ham sandwich

Baguette sandwich



PIZZA MENU GRILLED CHIKEN PIZZA

MAGHARITTA PIZZA

PEPPERONI PIZZA

SPICY BEEF PIZZA

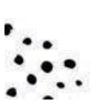
BREAKFAST PIZZA

ALL SEASON PIZZA

HAM AND BACON PIZZA



ME





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